

6-9 Manor Gardens
London
N7 6LA

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Volunteering with the Home from Hospital Team

The Home from Hospital team aims to give you back even more than you put in. We understand people come into volunteering for many different reasons, and we are committed to supporting you in fulfilling the purpose that brought you to us. At the same time, you will fulfil an essential role in our service. We are clear that we cannot run our service without the support, generosity, and energy of all our volunteers. Our volunteers experience what it is like to make a profound difference to our clients every day.

Here's a list of the types of volunteer roles we currently have in our team:

In the office (based at 6-9 Manor Gardens, N7 6LA)

- Following up case work (eg making referrals, posting information, researching something specific)
- Filing client notes and information leaflets
- Data inputting (statistics - Excel / Access)
- Keeping information current (leaflets etc)
- Phoning people about our service and sending out information
- Photocopying / general admin tasks (eg filling envelopes etc)
- Message in a Bottle scheme – sending info / gathering addresses / phoning people / gathering database of contacts

Home visiting (anywhere in Islington)

- Helping someone settle back home after being in hospital
- Supporting our yearly user survey / feedback
- Escorting to clients to appointments
- Helping people to get back to doing their everyday activities
- Supporting people to develop their confidence
- Supporting someone to go outside of their home
- Filling in forms
- Phoning on client's behalf
- Helping people sort out personal possessions

Hospital visiting (usually Whittington Hospital or UCLH)

- Meeting people in hospital and saying hello

- Promoting the service amongst nurses etc
- Taking referrals and gathering information

Running errands (anywhere in Islington, occasionally outside)

- Picking up something from a shop
- Getting keys cut
- Picking up and delivering paperwork
- Light food shopping

Special Interest Projects:

The following are specialist areas we are looking to develop within our service:

- Falls prevention
- Outdoor mobility – ie walking outside, accessing shops etc
- Accompanying to day centre / leisure activities
- Utilities – helping someone reduce their bills
- Bedside volunteering (supporting people to volunteer from home or hospital)
- Publicity and marketing
- Research projects

Groups and Events

- Offering training to other volunteers and staff in your specialist area of knowledge
- Representing the Home From Hospital service and Age Concern Islington at events
- Helping to organise and support volunteer events

Can't see something that interests you?

We are keen to match your skills and strengths to something within our project – do talk to us about what you can see yourself providing, and we'll see what we can do to make it work.

What can the Home from Hospital project offer you?

- An opportunity to make a long lasting difference to the lives of older people in Islington
- A fun and friendly working environment
- Access to free training courses
- Being part of an effective team
- Regular support
- Opportunity to contribute your ideas to our team
- Opportunity to join in team meetings and training sessions
- Paid reasonable travel expenses
- Lunch money (if you volunteer for over 3 hours at one time)
- Contact with other volunteers and projects

Interested?

Please call Jessica Bavinton for more information: 0207 281 6018 or email jessica.bavinton@acislington.org.uk

**Jessica Bavinton
Home from Hospital Manger
Age Concern Islington**

We look forward to welcoming you to our team